

IT'S IN 
OUR
NATURE

2025
Event Guide



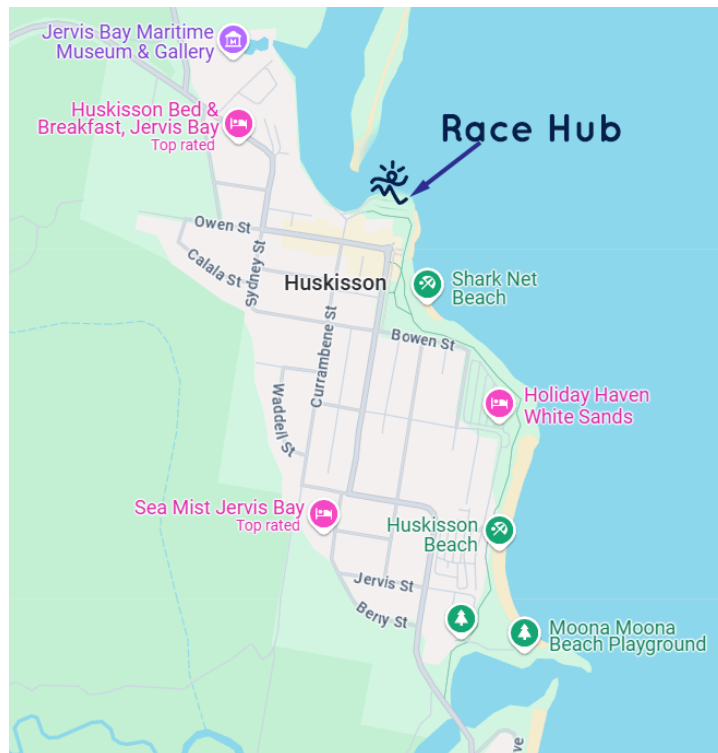
ULTRATRAIL
JERVIS BAY



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Race Hub and Registration

- Located in Voyager Park, Huskisson.
- The Hub will be open from 12pm – 7:30pm on Friday 27th June and will run through the weekend.
- The Hub will host our Event Opening, Race Briefing and include our Race Rego, Sponsors and Event merchandise.
- A variety of yummy food from Peta & Eva (pizza / pasta), Mirritya Mundy (local indigenous street food), and Lions Club BBQ will be available on site throughout the event. Hydration from fan favourite, Jervis Bay Brewery will also be on site.
- You can Register, Collect your Race bibs and do Bag Drop from 12pm-7:30pm on Friday and from 5:30-6.30am on Saturday (until 9am for the 20km).



Accommodation

- Local accommodation is available in Huskisson, neighbouring Vincentia and the Bay & Basin area.
- There are 3 local caravan parks with a range of accommodation options as well as camping available within Booderee NP.
- Check out the links below for options:
<https://www.visithuskisson.com.au/stay>

<https://www.shoalhaven.com/stay>

Food

- The Race Hub will be hosting a Lions Club BBQ as well as Peta & Eva Italian, Mirritya Mundy, 5 Little Pigs and a Jervis Bay Brewery Pop Up. Some will be available on Friday evening. All will be available on Saturday.
- Huskisson is also a foodie heaven with a range of restaurants around the village centre as well as 2 breweries (3 minute drive from centre of Husky). Remember to book ahead for the restaurants, particularly on the Friday evening!
- There are also restaurants in nearby Vincentia (5 minutes away) and Nowra (25mins away).
- Cafes in Huskisson provide great coffee. We will be ensuring there is an early option on the Saturday morning.
- Check out the links below for local food options:

<https://www.visithuskisson.com.au/eat-drink>

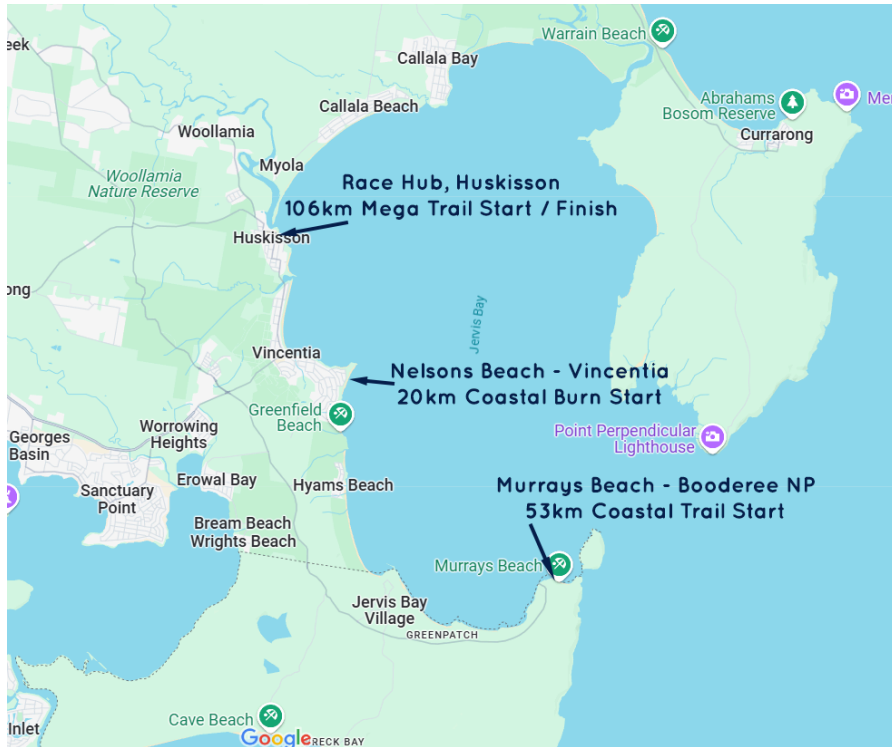
<https://www.shoalhaven.com/eat>

Course Maps

- Dynamic Strava maps are all available on the Race Pages on our website. Check them out through the following link - [Race Info](#)
- We have also provided GPX Files for each course (available to download under each Course Map on the website).

Start / Finish Locations

- All Races finish at the Race Hub in Voyager Park, Huskisson.



Race	Start Time	Start Location	Finish
106km Mega Trail	6:30am	Voyager Park (Race Hub) Huskisson	Voyager Park (Race Hub) Huskisson
53km Coastal Trail	8:30am	Murrays Beach, Booderee National Park	Voyager Park (Race Hub) Huskisson
20km Coastal Burn	10:00am	Nelsons Beach, Plantation Point Pde, Vincentia	Voyager Park (Race Hub) Huskisson

Runners Getting to the Start Lines

- **106km** – Please proceed to the Husky Race Hub. There is street parking in the vicinity in addition to car parks at Huskisson Wharf on Owen St, the corner of Owen and Sydney Streets and adjacent to the Huskisson Hotel at the corner of Owen and Hawke Street. Note that the 106km Race starts and finishes at the Race Hub. Runners and spectators are all very welcome at the Hub to see the Start.

- **53km** - There will be free shuttle buses from Owen Street, Huskisson (adjacent to the wharf, in front of the car park) from 7:00am to 7:15am for the Runners. (Please note these are for runners only). Due to constraints within Booderee National Park we are unable to allow spectators at the start line – so we ask all runners to utilise the bus service.
- **20km** - There will be free shuttle buses from Owen Street, Huskisson Wharf (adjacent to the wharf, in front of the car park) from 8.45am to 9am for the Runners. Alternatively there is street parking around the Start line area as well as limited parking within the Plantation Point park grounds.

Check Point Locations and Access

- Due to limited parking and road infrastructure we have been asked to restrict access to certain Check Points within Booderee National Park.
- For crews supporting youth runners only– all CPs will be open and crews will be required to attend to support your runners.
- In the event that a runner needs to withdraw at a CP our race crew will arrange for support crew access.
- Check points details are as follows:

20km Beach Burn	Km	CP Name	CP Location	Support Crew Access	General Spectator Access
Start Line	-	Plantation Point	Nelsons Beach, Plantation Point Pde, Vincentia	Yes	Yes
Plantation Point CP	14km	Plantation Point	Nelsons Beach, Plantation Point Pde, Vincentia	Yes	Yes
Finish Line	20km	Husky Race Hub	Voyager Park, Huskisson	Yes	Yes

53km Coastal Trail	Km	CP Name	CP Location	Support Crew Access	General Spectator Access
Start Line	-	Murrays Beach	Murrays Beach Car Park, Jervis Bay Road, Booderee NP	No	No
CP 1 and 2	7.5km/18.5km	Steamers Beach	Steamers Beach Car Park, Steamers Road, Booderee NP	No	No
CP3	28km	Cave Beach https://maps.app.goo.gl/qABVMH3bNnsmaUDR8	Booderee NP Cnr of Cave Beach Rd and Bherwerre Trail (park at Cave Beach car park)	Yes	No
CP 4	38km	Elmoos Rd	Cnr or Elmoos Road and Gardens Access Track, Booderee NP	No	No
Finish Line	54km	Husky Race Hub	Voyager Park, Huskisson	Yes	Yes

106km Mega Trail *	km	CP Name	CP Location	Support Crew Access	General Spectator Access
Start Line	-	Husky Race Hub	Voyager Park, Huskisson	Yes	Yes
CP 1 & 9	16km/93km	Elmoos Rd	Cnr or Elmoos Road and Gardens Access Track, Booderee NP	No	No
CP2 & 8	26km/83km	Cave Beach https://maps.app.goo.gl/qABVMH3bNnsmaUDR8	Booderee NP Cnr of Cave Beach Rd and Bherwerre Trail (park at Cave Beach car park)	Yes	No
CP 3/4 & 6/7**	36km/6247km 62km/73km	Steamers Beach**	Steamers Beach Car Park, Steamers Road, Booderee NP	No	No
CP5 (Turn Pt)	54km	Murrays Beach	Murrays Beach Car Park, Jervis Bay Road, Booderee NP	Yes	Yes
Finish Line	108km	Husky Race Hub	Voyager Park, Huskisson	Yes	Yes

- * Remember that this is an Out and Back Route – so the CPs are all accessed twice.
- ** This is a circuit loop that traces back to the Steamers Beach CP before proceeding.

Crews allowable Check Point Locations:

Cave Beach <https://maps.app.goo.gl/NVrAQVihmctaKz3R9>

Murrays Beach: <https://maps.app.goo.gl/fWT7w8ebmUEaW2Nm8>

Race Starts and Cut off Times

- Please check updated start times [HERE](#) – there may be last minute changes due to weather or National Park Requirements. Current Start and Cut off Times are as follows:

	Start Time	Cut off Time	Cut Off Hrs
Mega 106km	6:30am	10:30am (Sun)	28hrs
Coastal 53km	8:30am	10:30pm (Sat)	14hrs
Beach Burn 20km	10:00am	3:30pm	5.5 hrs
2.5km Kids	10:30am (sun)	n/a	n/a

- Please note that the First Aid Team will support all Runners throughout the Event and may withdraw competitors if they deem it unsafe for them to continue. In addition there are cut off times at the Check Points (where Runners must leave the Check Point before the cut-off to be allowed to continue).

20km	Check Point	Cut off Time
	Plantation Point	2:00pm

53km	Check Point	Cut off Time
	Cave Beach (CP3)	3:50pm
	Elmoos Rd (CP4)	6:30pm

106km	Check Point	Cut off Time
	Murrays Beach Turn Point	8:45pm
	Steamers Beach (CP7)	1:45am (Sun)
	Cave Beach (CP8)	4:25am (Sun)
	Elmoos Rd (CP9)	7:00am (Sun)

Check Point Provisions

Check Points will include the following:

- Complete electrolyte / carbohydrate liquid calories provided by Endu1 (Honey Boost Ultra). Check them out [HERE](#)
- Coke (flat)
- Water
- Fruit
- Lollies
- Bread / Peanut butter sandwiches
- Chips / crackers
- 5 minute noodles (At Ellmoos Road and BoCave Beach - after 2pm only)
- CPs will not provide any single serve gels or cups. Honey Boost Ultra is a complete liquid calorie product.
- CPs will not provide any cups (for any Race, including the 20km Coastal Burn). Please use your flasks or bring a water bottle or collapsible cup.

Bag Drop

- **20km Coastal Burn** Drop Bags available for the Finish line.
- **53km Coastal Trail** Drop Bags available for the Finish Line and the Cave Beach CP. Drop bags for the finish line only may be left either at the Finish Line Race Hub or at the Murrays Beach Start Line.
- **106km Mega Trail** Drop Bags available for the Finish Line, the Cave Beach and Murrays Beach CPs

Drop Bag Process

1. At Registration pick up stickers for relevant bag drop locations
2. Please bring along your own bags - reusable shopping bags are fine, particularly cooler style bags. Remember, they may get wet!
3. Write your bib number on the sticker – put it on your bag and drop it off at our Drop Bag intake area (up to 7:30pm on Friday).
4. Last minute Drop Bag intake is also available on Saturday from 5:30am-6:30am (53km/106km) and until 9am from the 20km.

When picking up your bag please bring along your bib so we can match the bib no. and ensure you are getting your own bag.

Mandatory Gear

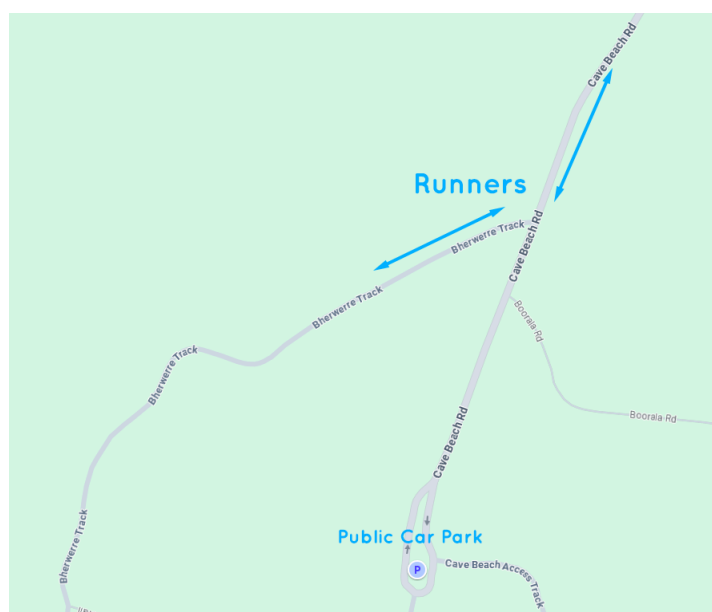
- Please make sure you are familiar with, and bring all the mandatory gear. All details can be found via this link [Mandatory Gear](#).
- We will let everyone know in the lead up week if the Extreme Weather gear is required.
- There will be random checks and if it's unsafe to continue due to lack of required equipment or clothing, the Race Crew may have to withdraw you.
- Please note that not having the Australian Standard D/N High Viz vest and a head torch for use after 5pm will be deemed as unsafe.

Great Spots for Spectators

Within Booderee NP, there is limited road infrastructure and parking (outside of designated crew checkpoints) – however the section from Hyams Beach to Huskisson offers plentiful spectator areas to come down and cheer everyone.

Booderee NP

Caves Beach Area: Park at Caves Beach car parks (there are two car parks) and you can see your runners exit Cave Beach Road into Bherwerre Track near the CP - this is the CP that crews can meet the runners for both the 53 and 106 Races. Please note that only crews are allowed into the CP given there is limited space.



Hyams Beach to Huskisson Area

There are numerous great vantage points along these sections. Please check out the Route Maps for full details of the runner's movements. Best vantage spots for spectators along these sections are:

- Hyams Beach and Hyams Beach village - along Hyams Beach and Cyrus St.
- Vincentia – along Nelsons Beach, Plantation Point Pde and along Collingwood Beach.
- Huskisson – Moona Creek area, along Beach St, Whitesands Park and Husky Race Hub.

Environmental Policies

We are striving to have the lowest impact possible on the environment we are playing in. As such please note:

- There are no cups at any of the Check Points for any Race. Please make sure you have a hydration system, water bottle or collapsible cup (please note that the 53km/106km mandatory gear requires capacity to carry 2L of fluids).
- We are minimising single serve products where possible. There are no single use gels provided. Endu1 will be provided in liquid form.
- Please carry out all rubbish or use bins provided at the checkpoint.
- There are toilets at the Start / Finish areas and every checkpoint. Please utilise these rather than the bush.
- Please do not interact with wildlife and stay on the marked route at all times.
- Please be aware that the trails are shared with public users during the weekend.
- Be aware and respectful that you are running on ancient and sacred ground throughout the event.

Mobile Phone Coverage

Mobile coverage is patchy within Booderee NP – particularly in the Steamers Beach area and between Botanic Gardens and Elmoos Road Check Points. Telstra network is the more reliable but it's not 100% covered. Non Telstra networks can have large areas of no coverage.

Emergency Response and Withdrawing

If possible, runners withdrawing from the Event should proceed to the nearest Event Checkpoint and notify the Race Team. The Race Team will ensure that first aid is provided (if necessary) and inform the Runner of transport options (either by contacting the runner's support crew or organising Race Crew transport back to Huskisson).

Please see the Details on our website for all First Aid, Emergency and Navigation Information [HERE](#)

Booderee National Park Access

Please note that all our Race Fees include the use of Jervis Bay National Park and Booderee National Park for runners only. Spectators and support crews need to purchase a Booderee NP Pass directly from Booderee National Park. This can be done via the following link:

[Booderee Park Pass](#)

Other Things To Do.....

- Dolphin / Whale Watching Tours - <https://www.jervisbaywild.com.au/>
- Indoor Climbing - <https://indoorclimbsouthcoast.com.au/>
- Freedive / Snorkel with the Whales - <https://www.woebegone.com.au/>
- Scuba Dive / Snorkel with the Whales / Seals - <https://jervisbayseasports.com/>
- See a Movie - <https://huskipics.com.au/>
- Maritime Museum (includes the duck pond, mangrove walk and various exhibitions) - <https://jervisbaymaritimemuseum.asn.au/>
- Shopping - check out all of Husky for clothes, home wares, giftware and of course, the famous Hippy Shop!! <https://www.visithuskisson.com.au/shops>